



Guidelines for Sport Leagues – Parker Sports Division

Updated September 28, 2020*

Town of Parker Sports Divisions reviews guidelines carefully and meets all State requirements for participation in Organized Sports. Below is a *highlight* of the processes and guidelines that apply to all youth and adult sports leagues.

For the full list of Organized Sports Requirements per the CDPHE visit <https://covid19.colorado.gov/organized-sports>.

State Order	Parker Sports Division Guidelines
<p>Guidance on the Sports Offered: Consider the risk of the sports offered.</p>	<p>All sports were assessed for risk. Sports that have low to moderate contact and have rules that can easily be modified to limit contact or limit intermixing of cohorts will be allowed with safety modifications added to protect participants.</p>
<p>Team Size: Organized youth or adult recreational sports leagues in groups of up to 50 players (per DC Variance), excluding coaches and referees/umpires, are permitted.</p>	<p>Youth team sizes will not exceed 16 players per team. Adult games may not have more than 25 players per team at any time.</p>
<p>Team Schedule: Consider scheduling competitions outside of the local community at least two weeks apart</p>	<p>While youth and adult sports leagues are generally from within the Parker community, games for sports determined to be high contact may have games scheduled against the same opponent for 2 weeks in a row. This allows a 2 week timeframe between mixing of cohorts.</p> <p>Schedules will have additional space built between each game to accommodate additional cleaning tasks. Game spacing varies by sport and facility availability.</p>
<p>Masks: *Executive order D2020 138: Masks are required in Public Indoor Spaces. Masks should be worn while playing indoor sports unless it interferes with the activity. You may remove the mask temporarily to catch your breath if needed, or if you can't wear appropriate safety equipment while wearing the mask. Wear a mask as much as feasible.</p> <p>https://covid19.colorado.gov/mask-guidance</p>	<p>OUTDOOR SPORTS: Employees are required to wear a face mask whenever possible. Masks are not required during moderate to heavy physical exertion, provided physical distancing is being practiced. Coaches must wear masks when working closely with participants, on the bench and when not actively coaching.</p> <p>We highly recommend that spectators wear a mask at all times.</p>

	<p>INDOOR SPORTS: <i>We ask that all participants engaged in physical activity wear their mask to play, unless it hinders your respiratory function while playing and the mask is no longer feasible to wear.</i> Enforcement is as follows:</p> <ul style="list-style-type: none"> • Everyone needs to wear masks in and out of the building (before and after games). • Everyone must wear them while getting ready to play. • Players must wear the mask to start the game and keep them around their neck (exception = the mask interferes with safety equipment, mainly in hockey). Players need to make an effort to wear masks during the game as often as feasible. • <i>Spectators must wear masks at all times with no exceptions.</i> A medical exemption will not be considered, as it results in a direct threat to the health and safety of others. <i>If you are unable to wear a mask, please call the Parker Fieldhouse at 303.805.6300 for possible accommodations.</i> • Staff and officials are required to wear a mask. However, you have to remove/lower the mask to blow your whistle so there will be plenty of times officials have to have their mask lowered to facilitate a game. Keep this around your chin if the mask is lowered, but replace it as soon as feasibly possible.
<p>Social Distancing: Increased physical distancing of participants and spectators beyond a minimum of 6 feet is reasonable</p> <ol style="list-style-type: none"> 1. Athletes, staff, and coaches must maintain physical distancing of at least 6 feet when not engaged in active training or competition. 2. All participants, staff, and coaches on the sidelines must be sitting or practicing at least 6 feet apart from each other. 	<p>Observe social distancing from other households at practices, on the bench and after games.</p> <p>Teams should cheer for their team and other teams. No team huddles, meetings or parent meetings. No high fives, fist bumps etc. Sportsmanship will be a touchless manner.</p>
<p>Facility Considerations</p> <ol style="list-style-type: none"> 1. Maximize ventilation by using fans and opening windows, wherever possible. 2. The use of locker rooms is strongly discouraged, and they should only be used when absolutely necessary for player safety. 3. Determine capacity for square footage of usable space. 	<ol style="list-style-type: none"> 1. Fans are available in all facility venues at the Parker Fieldhouse; doors are propped open whenever possible. 2. Locker rooms are used for changing only and on a very limited basis to protect player's privacy while changing. Locker rooms are primarily available for hockey and lacrosse players who have pads to wear under uniforms. All other sports athletes should come dressed for play.

<ol style="list-style-type: none"> 4. Minimize shared equipment and create a plan for cleaning and disinfection for athletic facilities, equipment between uses and cohorts. 5. Do not allow athletes to share towels, clothing, or other items they use to wipe their faces or hands. 6. Stagger competition times to allow time for cleaning/disinfection 	<ol style="list-style-type: none"> 3. Capacity for Parker Fieldhouse venues was calculated using the Social Distancing Space Calculator. See Sport Specific guidelines for specific capacity limits. 4. Participants are asked to provide their own personal equipment for all sports. Shared equipment (i.e. balls) will be cleaned in between use. See Sport Specific guidelines for more information. 5. No sharing of personal equipment. Parents are asked to only provide pre-packaged snacks for youth sports and no sharing of snacks allowed. 6. Game times have been adjusted to allow time between games to clear teams out and clean player areas, high touch points and shared equipment.
<p>Spectators</p> <ol style="list-style-type: none"> 1. Spectators must be hosted according to the indoor or outdoor guidance, depending on the setting of the game. All teams engaged in play are responsible for ensuring these guidelines are followed by spectators. 2. If there are multiple games happening at different sections of the field, spectators must not mingle or mix with each other. 3. Limit any nonessential visitors, spectators, volunteers, and activities involving external groups or organizations. 	<ol style="list-style-type: none"> 1. A limited number of spectators are allowed for sports. <i>Limits are set per sport, per venue based on the facility's capacity requirement.</i> See Sport Specific guidelines for specific spectator and capacity limits. 2. Spectators are limited to immediate family only. 3. Spectators must bring their own seating. 4. Spectators must sit at least 6 feet from other households and may not mix with spectators from other fields. 5. Adult Sports: Spectators must sign in with the sports supervisor. <p>Spectators for indoor sports are required to wear masks indoors (See Mask Guidance above) and must stay socially distanced.</p> <p>Spectators for outdoor sports must stay socially distanced and <i>if they are not distanced, must wear masks.</i> Masks are strongly recommended.</p>
<p>Screening and Best Prevention Practices</p> <ol style="list-style-type: none"> 1. Athletes and spectators must participate in the screening process for symptoms and COVID-19 exposures. 2. Athletes or spectators with suspected or known COVID-19 exposures, such as ill household contacts, must stay at home and adhere to requirements for quarantine. 3. Establish a system of tracking attendance athlete, staff, and spectator participation in practices and games 	<ol style="list-style-type: none"> 1. All participants, staff and spectators must self-check for a temperature of 100.4 or higher and/or any COVID-19 symptoms before they attend any event. Employees are required to follow the Town's guidelines for symptom checking, reporting and isolation. 2. No one is allowed to attend if exhibiting any symptoms of COVID-19 and must follow the At Home Symptom Screening Checklist prior to attending. 3. Rosters are maintained through online registration for youth sports. Adult participants are required to sign a roster at the beginning of each season. Coaches and Team Captains (adult sports) must keep track of who attends each game. Spectators must sign in for Adult Sports.

<p>4. Require hand hygiene upon arrival, before hydration breaks, and at regular intervals throughout training and competition.</p>	<p>4. Hand sanitizer is available at indoor facilities. It is recommended that participants provide personal sanitizer at outdoor sports, particularly for practices. Sport supervisors will have hand sanitizer available during game days.</p>
<p>Suspected and confirmed cases of COVID-19 All organized sports must follow the <u>case and outbreak guidance for schools</u>.</p>	<p>Town of Parker Sports Leagues follows guidance from the CDPHE for <u>Cases of Outbreaks in Children in Schools</u>. We use these resources and collaborate with Tri County Health Department to manage communication of illnesses. Please visit the <u>CDPHE website</u> for more information.</p> <p><u>League Notification</u> If you or your participant experiences any of the following situations, please contact your specific program coordinator right away:</p> <ol style="list-style-type: none"> 1. Has a Positive COVID-19 Test Result – <i>please report with the date of the first symptom</i> 2. Was directly exposed to someone who tested positive for COVID-19 – <i>please report with the date of the exposure</i> 3. Attended practices or games with any of the symptoms of COVID-19 (with or without a COVID test. If your child attended sick or with symptoms, we have to know how to address it with the other teammates). – <i>please report with the date of the first symptom and the date they attended practice/game.</i> <p>Participant Notification: If we are notified that a child participating in a sport has a positive COVID 19 test, the league will contact TCHD for communication guidance and possible quarantine instructions. <i>The CDPHE does not recommend notification if a <u>family member of the participant</u> has a positive COVID case.</i></p> <p>Please follow the <u>At-Home Symptom Screening</u> when determining if you or your participant should attend a practice or game.</p> <p>Coaches: use this flow chart (click here) as a guide should a player arrive to a game or practice exhibiting COVID symptoms.</p>
<p>Tournaments, transportation, and travel Sporting events or tournaments must comply with all protocols in this guidance. Indoor sporting events or tournaments are discouraged. Common spaces or other places for gathering (e.g. picnic tables) should be closed.</p>	<p>Town of Parker youth and adult sports leagues do not require travel and do not host tournaments that require travel. All tournaments hosted by the Town follow the guidelines listed above.</p> <p>Tournament groups using Town of Parker facilities are required to know and adhere to all State Guidelines for Organized Sports and Indoor Facilities. Renters are required to</p>

provide their safety protocols prior to their rental dates to assure compliance with all applicable guidance.

Common spaces have tables and chairs removed or sectioned off to prevent gathering. Participants are instructed to leave immediately following their competition.