

MAY

Thursday, May 2 Adaptive Climbing

6 - 8 p.m.; Parker Fieldhouse

Friday, May 10 Adult Dance - Sock Hop

6 - 8 p.m.; Parker Recreation Center

Thursday, May 16 Game Night

6:30 - 8 p.m.; Parker Recreation Center

Thursday, May 23 Anything Can Happen - Yoga

6:30 - 8 p.m.; Parker Recreation Center

JUNE

Tuesday, June 4 Buddy Bike Ride

10 - 11:30 a.m.; Parker Recreation Center

Tuesday, June 11 Buddy Bike Ride

10 - 11:30 a.m.; Parker Recreation Center

Tuesday, June 18 Buddy Bike Ride

10 - 11:30 a.m.; Parker Recreation Center

Wednesday, June 19 Denver Zoo Day Trip

9 a.m. - 3 p.m.; Parker Fieldhouse

Thursday, June 20 Game Night

6:30 - 8 p.m.; Parker Recreation Center

Tuesday, June 25 Buddy Bike Ride

10 - 11:30 a.m.; Parker Recreation Center

Thursday, June 27 Anything Can Happen - Lawn Games

6:30 - 8 p.m.; Parker Recreation Center

Friday, June 28

PRC Overnight

8 p.m. drop off - Saturday 7 a.m. pickup

JULY

Friday, July 12 Adult Dance - Patriotic

6 - 8 p.m.; Parker Recreation Center

Wednesday, July 17 Colorado Rockies Day Trip

11 a.m. - 4 p.m. Parker Fieldhouse

Thursday, July 18 Game Night

6:30 - 8 p.m.; Parker Recreation Center

AUGUST

Thursday, August 1 Adaptive Climbing

6 - 8 p.m.; Parker Fieldhouse

Thursday, August 15 Game Night

6:30 - 8 p.m.; Parker Recreation Center

Thursday, August 22 Anything Can Happen - Poker Night

6:30 - 8 p.m.; Parker Recreation Center

Thursday, August 23 Game Night - Cooperative Program

5:30 - 8 p.m.; Parker Recreation Center

Adaptive Swim Lessons
Learn how to swim or continue practicing basic swim stroke techniques. Sessions are designed for small groups or individuals, are by appointment only and usually last 30 minutes.

One-on-One Aquatic Therapy Training

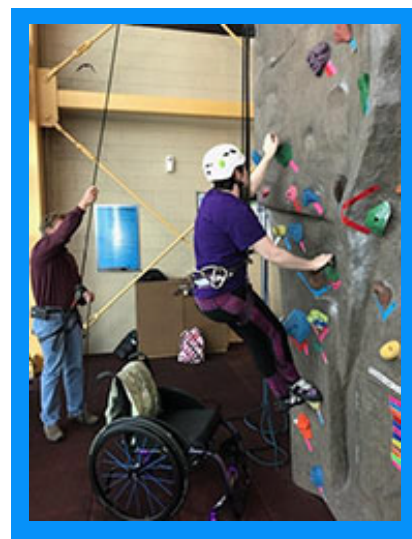
Work on improving muscle strength, core conditioning and endurance levels with your personal instructor utilizing a variety of exercises. Sessions are uniquely designed for individuals, are by appointment only and usually last 30 minutes.

Deni Jacobs

Therapeutic/Senior Programs Coordinator
303.805.3208 | djacobs@parkeronline.org.

Summer Closures:

- Memorial Day - May 27: Fieldhouse closed. Recreation Center and H2O'Brien Pool open normal business hours.
- Independence Day - July 4: Recreation Center and Fieldhouse closed. H2O'Brien Pool open 10 a.m. to 6 p.m.
- Recreation Center Maintenance Closure - July 29 - Aug. 4
- Fieldhouse Maintenance Closure - Aug. 26 - Sept. 2



Scholarships Available!

The Therapeutic Recreation division offers scholarship assistance to individuals or groups with disabilities to participate in recreation activities. Applications are available on our website or by contacting Deni Jacobs.