

National Park and Recreation Month - July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 FREE Boot Camp, 9-10am - DP FREE Yoga, 4-5pm - OB	4	5	6 H2O'Brien Discount after 6pm	7 FREE Archery Demo, 12-2pm - SP
8	9 FREE High Fitness, 9-10am - DP Duck Hunt	10 FREE Yoga, 4-5pm - OB Duck Hunt	11 FREE Zumba, 6-7pm – DP Duck Hunt	12 Duck Hunt	13 FREE DISCOVER Silly Science, 10-11am FH* H2O'Brien Discount after 6pm Duck Hunt	14 FREE Skate Night - FH
15	16	17 FREE Boot Camp, 9-10am - DP FREE Yoga, 4-5pm - OB FREE Fencing Demo, 5:30-7:30pm – DP	18	19 Active Aging Bingo and Potluck, 1:30-3:30 PRC	20 H2O'Brien Discount after 6pm	21
22	23 FREE DISCOVER Tiny Artist, 10-10:45am FH* FREE High Fitness, 7-8pm - DP	24 FREE Boot Camp, 9-10am - DP FREE Yoga, 4-5pm - OB	25 FREE Rueter-Hess Info Session, 4pm* FREE Zumba, 6-7pm – DP	26	27 H2O'Brien Discount after 6pm	28 Pickleball Tournament – FH
29	30	31 FREE Boot Camp, 9-10am - DP FREE Yoga, 4-5pm - OB				

DP – Discovery Park, OB – O'Brien Park, FH – Fieldhouse, PRC – Parker Recreation Center, SP – Salisbury Park

*Requires Pre-Registration, www.parkerrec.com