

# Parker Recreation Center Activity Pool Schedule Summer 2019

**Note: Lap lanes to close for Stand Up Paddle Boarding Th/Sat 9-10am Tu/Th 7-8pm for swimming lessons**

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday																							
	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide																					
5am-9am	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	7am-8am	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed																				
8am-10am																Open Adult Fitness							Closed	Open Adult Fitness	Closed																	
9am-9:30am																Aqua Fitness	Closed	Closed	Aqua Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	10am-6:30pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim						
9:30am-10am	Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness																																						
10am-9:30pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim																				
<p><b>Open Swim</b></p> <p>Children 5 and under must be accompanied in the water (in a swimsuit) by a parent or guardian.</p>																																										
<p><b>Open Adult Fitness</b></p> <p>Anyone under the age of 18 must receive special permission from the Aquatic Management team prior to pool use.</p>																																										
<p><b>Aqua Fitness</b></p> <p>Please reference aqua group fitness schedule.</p>																																										
<p><b>Closed</b></p>																																										

**The two 20 yard lap lanes that are located in the Activity Pool are always available for adult (18+) lap swimming. Swimmers will be asked to share lanes and circle swim.**

**Kickboards or water exercise equipment are not permitted for use by children.**

