

# Parker Recreation Center Therapy Pool Schedule Summer 2019

There will be LTS classes sharing therapy Sundays from 1:20-2p.m.

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
5am-9:30am	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	7am-8am	Open Therapy	Open Therapy
8:00am-10am	Open Aqua Fitness 8am-10:30am  Aqua Fitness	Open Therapy  Aqua Fitness	Open Therapy  Aqua Fitness	Open Therapy  Aqua Fitness	Open Therapy	8am-11:30am	LTS	
10am-10:15am						Open Therapy & Parent/Tot Time		
10:15am-10:30am							Open Therapy	
10:30am-11:15am								
11:15am-11:30pm	2pm-5:15pm							
11:30am-12:30pm	Aqua Class for Chronic Conditions	Open Therapy	Open Therapy	Open Therapy	Open Therapy	5:15pm-6:30p	Open Therapy & Parent/Tot Time	
12:30pm-1pm	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	6:30pm-7:30pm	Open Therapy	
1pm-2pm	Arthritis Foundation Class	Arthritis Foundation Class	Aqua Class for Chronic Conditions	Arthritis Foundation Class	Arthritis Foundation Class			
2pm-3pm	CACC Therapy	Open Therapy	Open Therapy	CACC Therapy	Open Therapy			
3pm-4pm	Open Therapy	LTS	Open Therapy	Open Therapy	Open Therapy			
4pm-6pm	Open Therapy		Open Therapy	LTS	Open Therapy			
6pm-6:30p	Open Therapy & Parent/Tot Time	Open Therapy	Open Therapy & Parent/Tot Time	Open Therapy	Open Therapy & Parent/Tot Time			
6:30pm-7pm								
7pm-9:30pm	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy			

  

	<p><b>Open Therapy</b></p> <p>Town of Parker Private Lessons permitted.</p>
	<p><b>Aqua Fitness</b></p> <p>Please reference aqua group fitness schedule.</p>
	<p><b>LTS</b></p> <p>Group Learn to Swim Programming. Town of Parker participants &amp; Instructors only.</p>
	<p><b>CACC Therapy</b></p> <p>Contract use only</p>
	<p><b>Open Therapy &amp; Parent/Tot Time</b></p> <p>Parents with children under the age of 3. Ratio of 1 parent to 1 tot. Please use time for water orientation and swim lesson purposes. Please be considerate to other users and limited users may be considered if deemed necessary. Tots not potty trained must wear swim diaper.</p>

Therapeutic Use Only - Anyone under the age of 18 must receive special permission from the Aquatic Management team prior to pool use.

No recreational swimming is allowed. This pool is for therapy, aqua fitness, and Town of Parker swimming lessons.



# Parker Recreation Center Therapy Pool Schedule Summer 2019

There will be LTS classes sharing therapy Sundays from 1:20-2p.m.

no recreational swimming is allowed. This pool is for therapy, aqua fitness, and town of Parker swimming lessons.