



Aquatics Center Scheduling Notes

Please see posted rules on www.parkerrec.com and the pool deck for comprehensive policy.

Special Events & Pool Closures:

Douglas County High School Swim Teams

Pondarosa Girls Season Ends – February 3

DCSD Boys Co-Op Season Begins – February 24

Douglas County Schools Swim Meets

- Friday March 27, April 3 and April 10
- Lap & Therapy pools & Sauna closed from 2:30 p.m. to 7:30 p.m.

Lifeguard Training

- February 14 – 16
- March 13 – 15 and 19 – 21
- April 3 – 5 and 16 - 18
- Occasional lap swim availability disruptions.

Lap Pool:

- Shallow area available for adult use and Town of Parker private swim lessons until open swim begins daily (see schedule).
- Lap swimmers are expected to share lanes and circle swim when necessary.
- The schedule may vary when Douglas County Schools is on a break.

Sauna:

- Closes weekly Sundays at 4:00 p.m. for cleaning. (unit shuts off)

Therapy Pool:

- Learn to swim classes will share the pool on Tuesday/Thursdays from 8:00 a.m. to 9:50 a.m. and Fridays 8:30 a.m. to 9:40 a.m.
- Calm Therapy time is for adults 18 and older who prefer or require a calm, quiet and no wake environment.

Activity Pool:

- Town of Parker private lessons may utilize one (1) lap lane during open swim.
- Lap swimmers utilizing the lap lane closest to the windows may be asked to share the lane briefly to accommodate a swim test during open swim.
- **Open swim for families begins at 10a.m. daily.**

Weekend Pool Usage:

- For capacity and safety management, wristbands will be required for usage of all pools between 9:30 a.m. and 6:30 p.m. on Saturdays and Sundays.
- Wristband will be provided upon check-in at the front desk.

AQUATICS Pool Schedules Effective February 3 - 23

Schedules are subject to change.

All areas of pool NOT available for each activity.

Lap Pool	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Lap Swim (see notes below)	5am-6:15pm** 6:15-8pm* 8-9:30pm**	5am-4pm** 4-6pm* 6-9:30**	5am-6:15pm** 6:15-8pm* 8-9:30pm**	5am-4pm** 4-6pm* 6-9:30**	5am-9:30pm**	8am-6:30pm**	8am-6:30pm*
Fitness Classes (tag required)	7:30-10am 6:15-8pm	7:30-10am	7:30-10am 6:15-8pm	7:30-10am	7:30-10am		
Masters		5:30-7am			5:30-7am		8-9am
Open Swim Areas/ Diving Board	1-3:30pm 8-9:30pm	1-3:30pm	1-3:30pm	1-3:30pm	1-8pm	12-6:30pm	12-6:30pm

** A minimum of 2 lap lanes will be available. Additional lanes will be available upon program needs throughout the day.

*Only 1 Lap Lane available.

Diving board by request only M-F 1-3:30pm.

Therapy Pool	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Open Therapy*	5-10:30am 12:30-1pm 3-9:30pm	5-10:15am 11:15am-1pm 3-4pm 6:30-9:30pm	5-10:30am 11:30-1pm 3-9:30pm	5-10:15am 11:15am-1pm 3-4pm 6:30-9:30pm	5-11:15am 2-9:30pm	7-8am 11:30am-6:30pm	7am-1:45pm 5:15-6:30pm
Fitness Classes (tag required)	10:30am-12:30pm 1-2pm	10:15-11:15am 1-2pm	10:30am-11:30pm 1-2pm	10:15-11:15am 1-2pm	1-2pm		
Private Programming	2-3pm	4-6:30pm		2-3pm 4-6:30pm		8-11:30am	1:45-5:15pm
Calm Therapy		2-3pm	2-3pm		11:15am-1pm		
Parent/Tot	6-7pm*		6-7pm*		6-7pm*	2-5:15pm*	5:15-6:30pm*

***This pool is strictly for therapy, aqua fitness, and Town of Parker swimming lessons. Anyone under 18 years old must receive special permission from the Aquatics Management Team prior to pool usage.**

PARENT/TOT: Parents with children under the age of 6. Ratio of 1 parent to 1 tot. Please use time for water orientation and swim lesson purposes. Please be considerate to other users and limited users may be considered if deemed necessary. Tots not potty trained must wear swim diaper. Kickboards, PFDs or water exercise equipment are not permitted for use by children. See posted policy for details.

*Shares with Open Therapy.

Activity Pool	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Open Swim/Slide	10am-9:30pm	10am-9:30pm	10am-9:30pm	10am-9:30pm	10am-9:30pm	10am-6:30pm	10am-6:30pm
Open Adult Fitness	5-10am	5-10am	5-10am	5-10am	5-10am	7-10am	7-10am
Aqua Fitness	9:30-10am (River occupied)		8:30-9:30am (Rock wall and 1 Lap Lane) 9-10am (River)				

The 20 yds lap lanes that are located in the Activity Pool are generally available for adult (18+) lap Swimming. Swimmers will be asked to circle swim

Kickboards or water exercise equipment are not permitted for use by children