

Parker Recreation Center Activity Pool *Schedule September 1-November 12, 2017

	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday							
Time	Zero Depth	River	Rock wall	Slide	Zero Depth	River	Rock wall	Slide	Zero Depth	River	Rock wall	Slide	Zero Depth	River	Rock wall	Slide	Zero Depth	River	Rock wall	Slide	Time	Zero Depth	River	Rock wall	Slide	Zero Depth	River	Rock wall	Slide			
5:00am-9am						Open Adult Exercise /Fitness															8am-830am		Aqua Aerobics-River Challenge									
9am-930am	Open Adult Exercise / Fitness		Open Adult Exercise /Fitness		Open Adult Exercise / Fitness				Open Adult Exercise / Fitness	Open Adult Exercise /Fitness	Open Adult Exercise /Fitness		Open Adult Exercise / Fitness	Open Adult Exercise /Fitness	Open Adult Exercise /Fitness		Open Adult Exercise / Fitness				830am-10am	Open Adult Exercise / Fitness				Open Adult Exercise /Fitness				Open Adult Exercise /Fitness		
930am-10am		Aqua Aerobics-River Challenge																			10am-12pm		Open Adult Exercise / Fitness									
10am-930pm	Recreational Swim all ages				Recreational Swim all ages				Recreational Swim all ages				Recreational Swim all ages				Recreational Swim all ages				12pm-630pm				Recreational Swim all ages				Recreational Swim all ages			

***Activity Pool Lap Lanes-**The two 20 yard Lap Lanes that are located in the Activity Pool Area are always Available for Lap Swimming. Lanes are reserved for Adult Lap Swimming. Lap lanes are for swimming laps only. Swimmers will be asked to share lanes and circle swim. Children may use lap lanes with Lifeguard permission and only if an adult lap swimmer is not waiting.

Activity Pool Main Rules for Recreational Swim:

Age Restrictions:

- Age 5 and under - Must be accompanied at all times in the water within arm's length by a parent/guardian 16 years or older.
- Ages 6 to 9 - Recommended that a parent/guardian 16 years or older are actively observing children from the deck unless children are "non-swimmers". Non-swimmers should stay in shallow water with a parent/guardian who is in the water. It is recommended that non-swimmers use a Coast Guard-approved

Flotation Devices:

Only Coast Guard-approved Lifejackets (available for your use free of charge, inquire at the Aquatics Office) and noodles may be used in the pool. No life jackets on the diving board, slide, or climbing wall. Any child using a personal flotation device must be accompanied by an adult who is in the water, within arm's length at all times.

Diving Board/ Climbing Wall/Deep Water:

Children under the age of 9 yrs must pass a "swim test" (see below) to use the diving board, the climbing wall, or go into deep water.

Please visit the specific amenity for more detailed rules and safety policies. All rules and regulations are subject to change without notice if deemed necessary for the safety and comfort of patrons. Violations of these rules, any unsafe behavior, or failure to follow a lifeguard's instructions could result in dismissal from the facility.

Color Key

- Open Adult Exercise/Fitness-18yrs or older unless permission received from Management
- Recreation Swim all ages
- Aqua Fitness-Town of Parker Only